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U.S. Rep. John Adler introduced legislation this week to give a one-time \$250 payment to senior citizens and disabled veterans.

On Friday, Adler, D-3rd, announced the legislation, which he says would offset the lack of a cost-of-living adjustment in Social Security payments. This year, there will be no such adjustment for the first time in more than 30 years.

His bill, HR 4429, would attempt to offset by including the \$250 in one of the recipient's monthly checks, according to the text of the bill. The effort would be funded through unassigned funds made available through the American Recovery and Reinvestment Act, according to Adler's staff.

Adler has drawn three sponsors for the bill, which he introduced Wednesday, and they come from both sides of the aisle. The bill has also drawn support from the Leadership Council of Aging Organizations, an umbrella group including such organizations as AARP and National Council on Aging.